
Routine Health Care

In addition to the specialized medical care required for your child's special health care needs, it is very important for your child to have a source of routine health care, too. Some specialists do check on the child's general health and provide medical care for illnesses not related to the special health care need; some do not.

If your medical specialist is not going to provide routine health care, you will need a pediatrician or family doctor for your child. You will need to make regular appointments for check-ups and immunizations. The doctor will tell you how often your child needs to be seen. Some pediatricians or family doctors will also help coordinate specialty medical care. This can be very helpful, especially if your child sees more than one specialist. It is very important for your pediatrician or family doctor to receive a copy of the reports from all the specialists treating your child. It is also important for the specialists to know what your pediatrician or family doctor recommends. You will need to be sure they are sharing information. It may be helpful for you to keep copies of reports in this Coordinated Care Record and take it with you to your doctor appointments.

In some communities, routine health care is available at public health departments or community health centers. Some places only provide "well child care" which is regular check-ups and immunizations. They cannot take care of sick children. If you receive check-ups and immunizations from a clinic, be sure to ask if they will also provide care if your child should become sick. If not, ask them to help you find a doctor who will.

You may wish to use the space below to record the names and addresses of the pediatrician, family doctor or clinics where your child receives routine health care.

Pediatrician/Family Doctor

Name: _____

Address: _____
Street City Zip

Phone: _____

Community Health Clinic - Well Child Clinic

Name: _____

Address: _____
Street City Zip

Phone: _____

Contact Person's Name: _____

Will this clinic take care of your child if your child is sick? _____